



Double widowhood  
Young bird racing.





**The widowhood system is about motivation, cocks and hens can be raced using this system. The nest boxes and pairing up of the birds is the motivation. This system the system will allow you to breed during race season and race cock or hens, young birds or old birds.**

**For this session we will be racing young birds only.**

**Young Birds: For this lesson we are racing 60 Young birds starting their training in March. The season will start from 8/15 to 10/31**

**Totaling 14 races.**

**Note: Training road tosses completed at 50 miles.**



# Loft set up and feeding system.

- ▶ **The ideal setup for a young bird loft is the loft has individual perch's. This will allow birds to claim there own area without being stress by other birds. Each bird needs his own area free from stress from other birds. This loft section will be converted later with widowhood nest boxes. Securing each pair in their own box.**
- ▶ **The birds should be on a high protein diet at this time. A lot of Fanciers continue to feed their birds their breeders mix. Heavy beans and peas diet.**



March 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
28	<b>1 st of March Your young birds should be out in your day screen learning their loft area. Weather permitting.</b>						
6	7	8	9	10	11	12	
13	<b>By the 20th the young birds should be let out with about 10 older birds not on the race. Free flying only, they will start to group up on their own</b>						
20	21	22	23	24	25	26	
27	28	29	30	31			



April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>The young birds should be group flying well at this time, you should be getting them out twice a day with flag training in the morning hours.</b>					
3						
10	11	12	13	14	15	16
17	<b>The young birds should be starting to route out at this time, flying out for up to 45 minutes to an hour.</b>					23
24	25	26	27	28	29	30



- ▶ **The Young birds should be routing out as a group at this time. Their feed now has to change.**
- ▶ **Their morning feed should be plenty of fatty seeds with small corn. (Gerrys mix).**
- ▶ **Mix vitamins into their morning feed and electrolytes into their evening water.**
- ▶ **Once you start this feed care program it's time for road training.**



May 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7 O.B. RACE	
8	<b>It's time to start road training the young birds, take them out 5 miles towards your liberation sites.</b>					13	14 O.B. RACE
15	<b>We highly suggest tossing the birds 3 days a week with a day off in between. If you desire more tossing please do.</b>					20	21 O.B. RACE
22	23	24	25	26	27	28 O.B. RACE	
29	30	31					

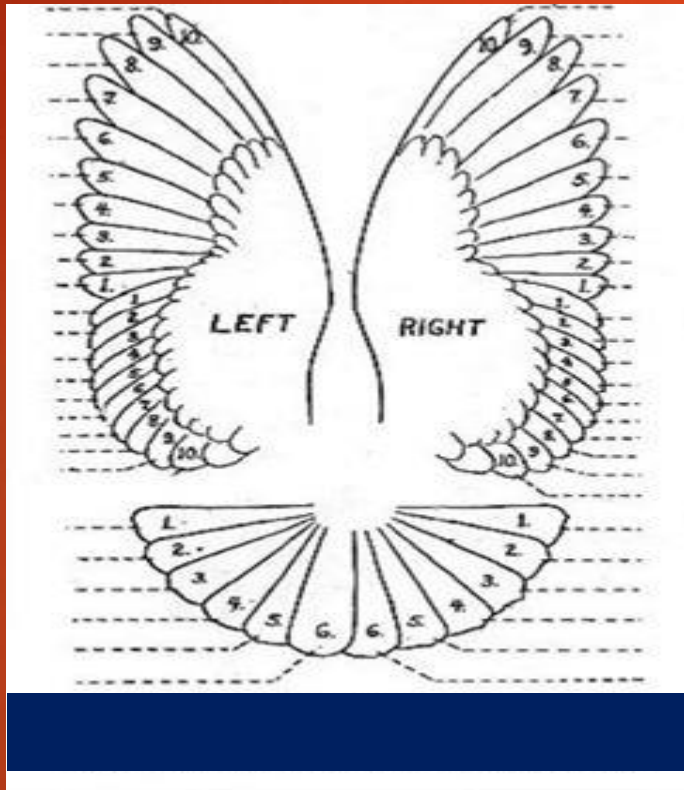


# June notes.

- ▶ **At this point your young bird team has gotten smaller due to birds lost, hawk attacks etc. The biggest risk are now ahead of you in your training sessions.**
- ▶ **Your birds should be out past the 40 mile markers at this point.**
- ▶ **Treat for respiratory to keep their air shacks clean.**
- ▶ **Keep them clean from lice and mites.**
- ▶ **Continue to toss them push them out as far as you choose at this point but set a goal where you will stop.**



Checks the birds feathers and primary feathers birds will start to drop feathers at this point. Record the birds Condition use this figure to record info.





# July notes.

- ▶ **Now your young birds are starting to mate up.**
- ▶ **Here is when you convert your perch loft into a widowhood nest box loft.**
- ▶ **Once the cocks take a box and move their hen into the box record which birds are mated up.**
- ▶ **Allow them to spend as much time with each other and mate freely.**
- ▶ **This will keep them highly motivated and happy.**
- ▶ **The unmated birds let them remain they will mate eventually.**
- ▶ **Now you should know who your cocks are and who your hens are.**



# Identifying birds for teams.

- ▶ **Be smart get different colored leg bands for your cocks and hens. Make life easy for yourself. Your going to take the hens out on their own tosses and the males on their own tosses now.**
- ▶ **Most widowhood loft are setup to have different sections for the cocks and hens. Leave the cocks in the nest box section to protect the boxes. Once you have separated them it's back to training now.**



# Special training

- ▶ **It's time to really test the birds homing I.Q. Now.**
- ▶ **Take all the young cock birds out 25 miles, give yourself an hour for this training session.**
- ▶ **Once you get to the liberation site start letting small groups of birds out for this session go with 3 birds per group.**
- ▶ **Don't be afraid to loss birds your birds will shock you with your trust in them.**
- ▶ **Note for this training feed your birds well at the loft before you toss them.**
- ▶ **Some birds might stray off track you don't want them hungry and off the route home, be smart.**



# Final training toss before the races.

- ▶ **This is the final training toss. Again take the whole group out now 30 miles start releasing them from the liberation location one bird at a time.**
- ▶ **This is called a single tossing.**
- ▶ **Here is where your winning birds will get the final education needed to come home without following any other bird home or off the route.**
- ▶ **You should be recording the information and using your clock to judge what these birds are doing.**
- ▶ **Good luck.**



# Race week.

- ▶ **The week of the race check all your equipment.**
- ▶ **Run a full test on your clock system.**
- ▶ **Run a test on your loft trap system.**
- ▶ **Have a backup ride to take you to the club to box up your birds lol.**
- ▶ **Set your loft area in order, try to find out if your neighbors are having any yard parties that could affect your birds landing on the day of the race, be smart.**



# Feeding on race week.

- ▶ **Don't change anything, here is where a lot of beginners make their mistake of bringing in new products, those secret products that they think they need to win. No!!! healthy birds, well trained birds win races. Trust in the work you and your team put in together.**
- ▶ **Again fatty seeds with small corn in the morning. (Gerry's plus)**
- ▶ **Large grain adult race mix in the evening.**
- ▶ **3 days before the race give them extra candy feed to help them fill up. Give the candy to them after they eat their large dinner grains they will enjoy it.**



# Motivation time.

- ▶ **Now the birds have been well trained and are in great condition.**
- ▶ **They are in their own sections of the loft allowing them very little time to see each other. 2 visits per week 30 days before the race will keep the birds onpoint for each other.**
- ▶ **Before each race allow the hens to visit their mates in the cock nest box section 2 hours before basketing before a race.**
- ▶ **Now you are racing birds based on your choice, if you want the hens to race they are ready same as the cocks it's up to you.**
- ▶ **Follow the same format every race let the birds see each other.**





# The day of their return.

- ▶ **The day your birds return give them electrolytes in their water.**
- ▶ **Feed them the morning small grain fatty feed mix.**
- ▶ **Allow the birds to rest and calm down.**
- ▶ **Have their mates ready for them in the nest boxes.**
- ▶ **Allow them to spend the night with each other after a race.**
- ▶ **You will notice a change in your birds excited level when they return to food water and their nest boxes with their mates.**



# The day after a long race.

- ▶ **Allow the birds out in the morning hours they need to fly to prevent acids from building up in their body. Allow them to free fly on their own they won't fly much because they still feel the results from the race.**
- ▶ **Continue to give them electrolytes and the fatty small grain feed.**
- ▶ **Repeat this after every race, keep the birds healthy and they should win you a few races.**
  
- ▶ **GOOD LUCK RACERS.**



Thank you good luck win  
those races!